

APRIL KOH

**CO-FOUNDER AND CEO
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April Koh is the CEO and co-founder of Spring Health, a comprehensive mental health benefit for employers and health plans. Unlike any other solution, Spring Health uses Precision Mental Healthcare to seamlessly pinpoint and deliver exactly the right fit for each person — whether that’s digital support, meditation exercises, coaching, therapy, medication, and beyond. April was named one of the 15 Most Powerful Women in Startups by Fortune and is an honoree on Marie Claire's Power List, Forbes 30 under 30, and Crain's 40 under 40.